



Keswick  
Lodge

breakfast menu



# Guest Breakfast Menu

available 8.30am - 9.30am daily

If you are staying with us your room rate includes your choice of the following

## Continental

Please help yourself from our buffet selection

Apple and Orange juices

Fresh fruit

Popular cereals

Yoghurts

Little Salkeld Porridge with Cream

Winterberry Compôte

## Full Cumbrian Breakfast Grill

Back Bacon, Cumberland Sausage, Fried Free-Range Egg,  
Tomato, Baked Bean and Potato Cake

Or

Grilled Kipper Fillets with Butter and Lemon

Or

Field Mushrooms on Toast (v)

all with Farmhouse Brown or White Toast  
and Freshly Brewed Tea or Coffee

Service at your discretion. Diners concerned about the presence of nuts, seeds or other allergens in our food are requested to seek advice from the Team.