

# Spa Treatments

## at Kettering Park Hotel

### for your face

ESPA Intensive Facial	55mins	£55.00
- The Regenerator		
- The Skin Brightener		
- The Re-Balancer		
- The Re-Hydrator		
ESPA Eye Lift	25mins	£32.00
Aromatherapy Back, Face & Scalp	1hr 25mins	£75.00

### for your body

Traditional Full Body Massage	55mins	£50.00
ESPA Aromatherapy Massage	1hr 10mins	£60.00
- Detoxifier		
- De-Stresser		
- Immune Booster		
- Energiser		
- Body Toner		
- Jet Lag Reviver		
- Intensive Muscle Warmer		
ESPA Lifesaving Back Treatment	55mins	£55.00
ESPA Total Body Care	1hr 25mins	£75.00
ESPA Ultimate Body Wrap	1hr 10mins	£60.00
- Marine Algae		
- Marine Mud		
- Oshadi Clay		

### specialist treatments

Thai Massage	60mins	£60.00
Thai Foot Massage (reflexology)	50mins	£45.00
Thai Compression Ball Massage	40mins	£40.00

### gentlemen please

Purifying Face, Shoulder & Scalp Massage	55mins	£55.00
Stress Buster	1hr 25mins	£75.00
Back, Face & Scalp	1hr 25mins	£75.00
Lifesaving Back Treatment	55mins	£55.00

### express treatments

Express Facial	25mins	£32.00
Back, Neck & Shoulder Massage	25mins	£32.00
Shoulder & Scalp Massage	25mins	£32.00
Body Polish	25mins	£32.00
Salt & Oil Scrub	25mins	£32.00
Eye Lift	25mins	£32.00

## finishing touches - phd waxing

Full Leg	40mins	£30.00
Half Leg	25mins	£20.00
Bikini	10mins	£14.00
Underarm	10mins	£12.00
Lip	10mins	£7.50
Chin	10mins	£7.50
Eyebrow Shape	10mins	£12.00
Chest	25mins	£22.00
Back	25mins	£22.00

## your nails

Nail Tidy & Re-varnish	25mins	£22.00
Prescriptive Manicure	45mins	£35.00
Prescriptive Manicure Deluxe with Thermal Mittens	55mins	£40.00
Le Remedi Hand Treatment by Jessica	25mins	£22.00
Aroma Spa Pedicure	55mins	£40.00
Jessica Aroma Spa Pedicure Deluxe with Thermal Booties	1hr10mins	£45.00

## day programmes

Express	55mins	£76.00
Detox	2hrs 25mins	£130.00
Relax	2hrs 40mins	£145.00
Gents Re-Charge	2hrs 15mins	£138.00
Sheer Indulgence	3hrs 30mins	£175.00

Tuesday to Thursday only.

## signature packages

Escape	£225.00
Retreat	£395.00



Why not make your day programme a mini-break and stay overnight in one of our luxurious guest rooms?

Ask about our special rates for dinner, bed and breakfast.

Hydrotherm & Hot Stone Treatments are not yet available at Kettering Park