





Spa Treatments at Kettering Park Hotel

for your face

ESPA Intensive Facial - The Regenerator - The Skin Brightener - The Re-Balancer - The Re-Hydrator	55mins	£57.00
ESPA Eye Lift	25mins	£33.00
Aromatherapy Back, Face & Scalp 	1hr 25mins	£77.00






for your body

Traditional Full Body Massage 	55mins	£53.00
ESPA Aromatherapy Massage 	1hr 10mins	£62.00
- Detoxifier - De-Stresser - Immune Booster - Energiser - Body Toner - Jet Lag Reviver - Intensive Muscle Warmer		
ESPA Lifesaving Back Treatment 	55mins	£57.00
ESPA Total Body Care 	1hr 25mins	£77.00
ESPA Ultimate Body Wrap	1hr 10mins	£62.00
- Marine Algae - Marine Mud - Oshadi Clay		

specialist treatments

Thai Massage	60mins	£62.00
Thai Foot Massage (reflexology)	50mins	£47.00
Thai Compression Ball Massage	40mins	£42.00
ESPA Stimulating Hip & Thigh Treatment	1hr 10mins	£62.00

gentlemen please

Purifying Face, Shoulder & Scalp Massage 	55mins	£57.00
Stress Buster 	1hr 25mins	£77.00
Back, Face & Scalp 	1hr 25mins	£77.00
Lifesaving Back Treatment 	55mins	£57.00
Foot & Leg Treatment with Hot Stone 	1hr 10mins	£47.00
Jet Lag Reviver	55mins	£62.00
Male Grooming - Prescriptive Manicure	45mins	£32.00

express treatments

Express Facial	25mins	£33.00
Back, Neck & Shoulder Massage	25mins	£33.00
Shoulder & Scalp Massage	25mins	£33.00
Body Polish	25mins	£33.00
Salt & Oil Scrub	25mins	£33.00
Eye Lift	25mins	£33.00

Hot Stones


We've highlighted treatments where hot stones work well - just look out for the symbol and add 15 minutes to your treatment and the following supplement:

 £15.00





Jun/11

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finishing touches - phd waxing & tinting

Full Leg	40mins	£31.00
Half Leg	25mins	£21.00
Bikini	10mins	£15.00
Underarm	10mins	£13.00
Lip	10mins	£8.50
Chin	10mins	£8.50
Eyebrow Shape	10mins	£13.00
Chest	25mins	£23.00
Back	25mins	£23.00
Eyelash Tint	25mins	£18.00
Eyebrow Tint	10mins	£13.50
Eyelash & Eyebrow Tint (combined) (Patch Test Request)	25mins	£21.50
Make Up Lesson	1hr	£46.00
Day/Evening Make-Over	45mins	£41.00
Bridal Make-Over	2x45mins	£72.00

your nails

Nail Tidy & Re-varnish	25mins	£24.00
Prescriptive Manicure	45mins	£37.00
Prescriptive Manicure Deluxe with Thermal Mittens	55mins	£42.00
Le Remedi Hand Treatment by Jessica	25mins	£24.00
Aroma Spa Pedicure	55mins	£42.00
Jessica Aroma Spa Pedicure Deluxe with Thermal Booties	1hr10mins	£47.00

pregnancy

ESPA Pre-natal Treatment	1hr 25mins	£77.00
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t: 01536 414790

e: kpark.spa@shirehotels.com

spa.ketteringparkhotel.com

day programmes

Express	55mins	£80.00
Holistic	1hr 55mins	£115.00
Detox	2hrs 25mins	£130.00
Relax	2hrs 40mins	£145.00
Gents Re-Charge	2hrs 15mins	£138.00
Sheer Indulgence	3hrs 30mins	£175.00
Pregnancy Journey to New Beginnings	3hrs 45mins	£165.00

Sunday to Thursday only.

signature packages

Escape	£102.00
Retreat	£255.00

Why not make your day programme a mini-break and stay overnight in one of our luxurious guest rooms?

Ask about our special rates for dinner, bed and breakfast.



Hydrotherm Treatments are not yet available at Kettering Park.

the
spa
treatments

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