

shape up for *Summer*

We all want to get in shape ready for those summer holidays on the beach, so what better way to do so, than with a 6 week membership at the Thorpe Park Spa in July and August 2010. You'll enjoy all the benefits of the Spa - without having to count the cost.

Full Membership - £90 per person

Day Membership - £70 per person



Your 6-week membership includes:

- Full use of the Spa facilities including gym, studio classes, pool, sauna and steam room
 - Shape up for Summer joining pack with water bottle, drawstring bag and sweat towel.
 - Complimentary lifestyle assessment and tailor-made exercise programme
 - Complimentary towel on each visit
 - Complimentary fresh fruit
- Use of the Spa:
- Full - anytime.
 - Day - Monday-Friday between 6.00am and 4.30pm and Saturdays 7.00am to 12noon.



Promotion available for ages 18 years and over. Numbers for this promotion will be strictly limited. Final date to join onto Shape Up For Summer is 2nd August 2010.

If you decide to join the Spa at the end of your 6-week membership you will receive a voucher booklet worth over £500 to use within Shire Hotels.

What To Do Next...

You can either call into the Spa, telephone us on **0113 204 4343** or visit us on **shirehotels.com** for more information.

Please note, places will be strictly limited, so please hurry.

Thorpe Park Hotel & Spa
1150 Century Way, Thorpe Park, Leeds, LS15 8ZB

the
spa
treatments

