

# Spa Tariff

## Cottons



<b>Full Membership</b>	<b>Single</b>	<b>Joint</b>	<b>Business</b>
Premium	£80.00	£139.00	£75.00
Club	£64.00	£112.00	£60.00
Usage Times	Monday - Friday 6.30am - 9.30pm, Saturday 7.00am - 8.00pm, Sunday 8.00am - 9.00pm		
<b>Daytime Membership</b>	<b>Single</b>	<b>Joint</b>	<b>Business</b>
Premium	£57.00	£105.00	£55.00
Club	£46.00	£84.00	£44.00
Usage Times	Monday - Friday 8.00am - 4.30pm, Saturday 8.00am - 12noon		
<b>Mid-week Membership</b>	<b>Single</b>	<b>Joint</b>	<b>Business</b>
Premium	£50.00	£96.00	£45.00
Club	£40.00	£77.00	£36.00
Usage Times	Monday - Friday 12noon - 3.00pm		
<b>Senior Membership</b>	<b>Single</b>	<b>Joint</b>	
Premium	£49.00	£94.00	
Club	£40.00	£76.00	
Usage Times	Monday - Friday 10.00am - 4.00pm (65 years and over)		
<b>Children</b>	<b>0-5years</b>	<b>6-15years</b>	
Premium	N/A	£32.00	
Club	£23.00	£26.00	
Usage Times	Monday - Friday 12noon - 7.00pm, Saturday 7.00am - 8.00pm, Sunday 7.00am - 9.00pm		

## Premium or Club Membership

If you are looking for an all inclusive membership offering, our Premium Membership includes a variety of added value benefits as part of your membership subscription.

Club Membership does not include any of the Premium Membership benefits other than points 9 and 10 (detailed on the reverse), but does give you the option of purchasing the other items at an additional fee.

## Membership Payments

### Annual

Sign up on our Annual Payment option and you will receive 13 months for the price of 12, subject to availability – please ask for more details on application.

### Joining Fee

A £100 joining fee applies to all membership categories unless you are signing up on to our 12-month Membership Contract, when your joining fee will be reduced to £25.00.

### Direct Debit

The joining fee plus subscription up to the next available direct debit date must be paid in full, with the direct debit form completed at the Spa. New members need to provide photo identification or a utility bill on application.

All membership and joining fees include VAT at the current rate.

## Premium Membership Inclusions

- 1) A fluffy bath sheet on every visit – no need to bring and launder your own towels
- 2) Seasonal fresh fruit – our bit to help you on your five a day
- 3) Inclusive speciality hot drinks – enjoy a great cuppa as you read the papers
- 4) Complimentary guest pass every 3 months – treat a friend to spa visit - worth at least £40 each year
- 5) A Back, Neck & Shoulder or Shoulder & Scalp Massage every 12-months upon purchase of any other Express treatment – worth £35
- 6) Inclusive Core Exercise Classes
- 7) Priority booking on all inclusive Core Exercise Classes – book 24 hours in advance of general booking opening
- 8) A complimentary one night bed and breakfast stay at any Shire Hotel each year - worth over £200
- 9) 25% Spa Members discount on food, drinks and accommodation at the hotels, subject to availability
- 10) 15% discount on Spa Treatments Monday – Thursday, subject to availability

## Facilities

- Swimming pool 13m x 11m deck level
- Fully equipped air-conditioned exercise area
- Outdoor patio area with large whirlpool
- Large whirlpool
- \* Fast tan sunbed
- 2 Floodlit outdoor tennis courts
- Poolside colour therapy sauna
- Poolside fibre optic steam room
- Comprehensive range of studio classes

## Spa Treatments

- 7 air conditioned treatment rooms
- Large, tranquil relaxation area
- Changing rooms

## Additional Services and Benefits of Membership

- Fully qualified instructors - REPs registered
- 25% Spa Members discount (conditions apply)
- Complimentary consultations and induction
- \*Personal training
- \*Sports massage

- Regular activities, social events, seminars and workshops
- 20% off BUPA Membership (new clients)
- Use of other Shire Hotels Spas

## Hotel

Your membership buys you so much more than a healthy lifestyle. One of the benefits of being a Shire Hotels Spa member is that you receive exclusive discounts on weekend breaks at all the hotels. You can also enjoy the surroundings and relax in the bar or restaurant and receive 25% discount on food and drink at any Shire Hotel! So, whether it's a glass of wine with friends, a cosy supper for two, or a celebration meal to remember - why not make the most of your membership? We'd also love to talk to you about your family celebrations, weddings, christenings and other gatherings - although your 25% discount will not automatically apply, you may be entitled to preferential rates on the event.

\* Additional charges apply

## Business Memberships

Available on a limited basis for 6 or more bona fide employees declared by the company with a reduced Joining Fee of £50.00 per person - please contact the Spa Manager for more details. Corporate incentives for employees can be incorporated, dependent upon the number of employees that subscribe.

## Guests

Members may sign in guests at the rate of £15.00 per adult and £5.00 per child 5-15yrs and £2.50 0-4yrs, per visit. Guests are allowed only one visit per month and must adhere to the Terms and Conditions of Spa Membership.