

Kettering Park Spa Business Tariff

1st April 2010 - 31st March 2011



Opening Times	Monday - Thursday	6.30am - 10.00pm
	Friday	6.30am - 9.00pm
	Saturday	7.00am - 8.00pm
	Sunday	8.00am - 9.00pm
Daytime Membership	Monday - Friday	6.30am - 6.00pm
	Saturday	7.00am - 3.00pm
Business Express	Monday - Friday	11.00am - 3.00pm

Business Full	Monthly Direct Debit	Annual Fee
Single	£61.00	£732.00
Business Daytime	Monthly Direct Debit	Annual Fee
Single	£51.00	£612.00
Business Express	Monthly Direct Debit	Annual Fee
Single	£38.00	£456.00

Joining fee £300.00 per company or £50.00 per person

Facilities

- 13m deck level swimming pool with relaxation area
- Large fully equipped gym with air-conditioning and the latest exercise equipment
 - Luxury changing areas including private changing, spin dryers, marble showers
- Poolside colour therapy Sauna, fibre optic steam room and invigorating monsoon shower
 - Large whirlpool
 - Children's splash pool
 - Lounge area with satellite TV
- Activity studio with comprehensive range of inclusive classes
 - *Full range of Spa Treatments available
 - *Fast tan sunbed with facial unit

All membership and joining fees include VAT at the current rate.
A 5% discount applies to all annual fees - subject to membership availability.

Additional Services & Benefits of Membership

- Fully qualified instructors are registered on the Register of Exercise Professionals
 - Regular activities and social events for all ages
 - Complimentary towel use
 - 25% off weekend breaks and food and beverage within Shire Hotels (conditions apply, please see website for more information)
 - 20% off Spa Treatments Tuesday-Fridays and 10% discount Saturday-Sunday
 - Complimentary fresh fruit
 - *Personal Training
 - Full range of exercise classes including Yoga, Pilates, Spinning, Circuit Training, Aerobics & Aqua Aerobics
 - Use of other Shire Hotels Spas throughout the country
 - Nutrition consultation
 - *Cholesterol Testing
- Comprehensive Lifestyle consultations and exercise programmes tailored to individual requirements. *Additional charges apply

Hotel

Your membership buys you so much more than a healthy lifestyle. One of the benefits of being a Shire Hotels Spa member is that you receive exclusive discounts on weekend breaks at all the hotels. You can also enjoy the surroundings and relax in the bar or restaurant and receive 25% discount on food and drink at any Shire Hotel! So, whether it's a glass of wine with friends, a cosy supper for two, or a celebration meal to remember - why not make the most of your membership?

We'd also love to talk to you about your family celebrations, weddings, christenings and other gatherings - although your 25% discount will not automatically apply, you may be entitled to preferential rates on the event.

Guidelines of Business Membership

- A minimum of 6 employees are required to set up a Business membership.
- Business membership is available for bona fide employees of a company as declared by that company.
- New members need to provide photo identification or a utility bill on application
- All members must be named. If members subsequently leave the company, their names should be removed from the membership. Any changes can be arranged by the Spa Manager. No refunds are available.
- After the initial membership has been set up, additional members may be added for a £50 joining fee.

- Anyone who cancels their membership may rejoin subject to a £50 re-joining fee.
 - Payment can be made in full by credit card, debit card, cheque or cash, or by monthly direct debit, available from the Spa.
- (Please note that all fees include VAT).

Guests

Members may sign in guests at the rate of £11 per adult and £6 per child 5-13 years or £3 0-4 years, per visit.
Guests are allowed only one visit per calendar month. Please check Terms & Conditions for restrictions.