

# Kettering Park Spa Tariff

1st April 2010 - 31st March 2011



<b>Opening Times</b>	Monday - Thursday	6.30am - 10.00pm
	Friday	6.30am - 9.00pm
	Saturday	7.00am - 8.00pm
	Sunday	8.00am - 9.00pm
<b>Daytime Membership</b>	Monday - Friday	6.30am - 4.30pm
	Saturday	7.00am - 3.00pm
<b>Mid-week Membership</b>	Monday - Friday	10.00am - 4.00pm
<b>Senior Membership</b> (65 years and over)	Monday - Friday	10.00am - 4.00pm
<b>Opening Times</b> for children under 14	Monday - Thursday	12noon - 7.00pm
	Friday	12noon - 7.30pm
	Saturday & Sunday	All day

<b>Full Membership</b>	<b>Monthly Direct Debit</b>	<b>Annual Fee</b>	<b>Joining Fee</b>
Single	£71.00	£852.00	£100.00
Husband & Wife	£126.00	£1512.00	£180.00
Plus 1 child 0-4 years	£20.00	£240.00	-
Plus 1 child 5-13 years	£28.00	£336.00	-
Plus 1 child 14-18 years	£42.00	£504.00	-
Student	£42.00	£504.00	-
<b>Daytime Membership</b>	<b>Monthly Direct Debit</b>	<b>Annual Fee</b>	<b>Joining Fee</b>
Single	£58.00	£696.00	£100.00
Husband & Wife	£102.00	£1224.00	£180.00
<b>Mid-week Membership</b>	<b>Monthly Direct Debit</b>	<b>Annual Fee</b>	<b>Joining Fee</b>
Single	£48.00	£576.00	£80.00
Husband & Wife	£92.00	£1104.00	£150.00
<b>Senior Membership</b>	<b>Monthly Direct Debit</b>	<b>Annual Fee</b>	<b>Joining Fee</b>
Single	£45.00	£540.00	-

All membership and joining fees include VAT at the current rate.  
A 5% discount applies to all annual fees - subject to membership availability.

## Facilities

- 13m deck level swimming pool with relaxation area
- Large fully equipped gym with air-conditioning and the latest exercise equipment
- Luxury changing areas including private changing, spin dryers, marble showers
- Poolside colour therapy Sauna, fibre optic steam room and invigorating monsoon shower
  - Large whirlpool
  - Children's splash pool
  - Lounge area with satellite TV
  - Activity studio with comprehensive range of inclusive classes
    - \*Full range of Spa Treatments available
    - \*Fast tan sunbed with facial unit

## Additional Services & Benefits of Membership

- Fully qualified instructors are registered on the Register of Exercise Professionals
- Regular activities and social events for all ages
- Complimentary towel use
  - 25% off weekend breaks and food and beverage within Shire Hotels (conditions apply, please see website for more information)
- 20% off Spa Treatments Tuesday-Fridays and 10% discount Saturday-Sunday
  - Complimentary fresh fruit
- Full range of exercise classes including Yoga, Pilates, Spinning, Circuit Training, Aerobics & Aqua Aerobics
- Use of other Shire Hotels Spas throughout the country
  - Nutrition consultation
  - \*Cholesterol Testing
  - \*Personal Training
- Comprehensive Lifestyle consultations and exercise programmes tailored to individual requirements.
  - \*Additional charges may apply

## Hotel

Your membership buys you so much more than a healthy lifestyle. One of the benefits of being a Shire Hotels Spa member is that you receive exclusive discounts on weekend breaks at all the hotels. You can also enjoy the surroundings and relax in the bar or restaurant and receive 25% discount on food and drink at any Shire Hotel! So, whether it's a glass of wine with friends, a cosy supper for two, or a celebration meal to remember - why not make the most of your membership?

We'd also love to talk to you about your family celebrations, weddings, christenings and other gatherings - although your 25% discount will not automatically apply, you may be entitled to preferential rates on the event.

### Business Membership

Available on a limited basis for 6 or more employees - please contact the Spa Manager for more details.

Corporate incentives for your company can be incorporated, dependant upon the number of employees that subscribe.

### Guests

Members may sign in guests at the rate of £11 per adult and £6 per child 5-13 years or £3 0-4 years, per visit.

Guests are allowed only one visit per calendar month. Please check Terms & Conditions for restrictions.

### How to Pay

Payment can be made either: 1) In full by credit card, debit card, cheque or cash, or 2) Monthly direct debit, available from the Spa.

### Payment By Monthly Direct Debit

The joining fee plus subscription up to the next available direct debit date must be paid in full, with the direct debit form completed at the Spa. New members need to provide photo identification or a utility bill on application.